



Create Empowerment

Interview Part #2

Name: _____

Date: _____

Phone: _____

The reason why I'm calling is _____ (I'm excited to hear how your challenge went this week). Can I ask you a couple quick questions? The challenge you decided to do this week was _____, (X# of times) _____. What was the best thing that came out of it? What do you need to (learn more about, practice more, will do differently) next time?

Is there anything I can do to help you have even more success next time?

Based on your end result goal, was your effort goal the right (amount, number of times) the correct amount?

What were some of the questions you used?

What did you learn about people that surprised you?

Give compliments on good questions...

Ask permission to give a few ideas.

What are your end result goals for next (week/pay period)?

- Are they written on a post-it note?
- Where are they posted (will you post them)?
- What have you added to your bucket list lately?

What are your effort goals for the week? (post-it notes etc...)

May I offer you a challenge? (If needed)

On a scale of 1-10, how comfortable are you with the effort goals? Score _____

When have you _____ scheduled on your calendar to do your effort goals?
_____ (challenge decided on)?

Date/Time

Scheduled _____

I'll text you to celebrate how it went at _____ (2-5 hours after scheduled day/time).

Date/Time to

Follow-up _____